

PROTECT YOUR COMPUTER

E-mail and IM are both easy ways to keep in touch with family, friends, and teachers.

Handling E-mails and Instant Messaging (IM) . . .



One day, Jared gets an E-mail. Expecting a party invitation from a friend, he opens it. Without much thought, Jared clicks on the link. It takes him to a Web site that startles him. Jared tries to exit the site, but new pages keep popping up. Finally, he quits his browser program and deletes the E-mail. Upset, he wonders if he did something wrong.

What if Jared had checked the "From" address?

We've Got Spam for You . . . And Now Spim Too!

The "From" line might not have told Jared much more. That's because the sender was trying to trick him into opening the E-mail. The E-mail was from a company trying to sell things by sending out thousands of E-mails at a time. Unwanted E-mail is called **spam**.

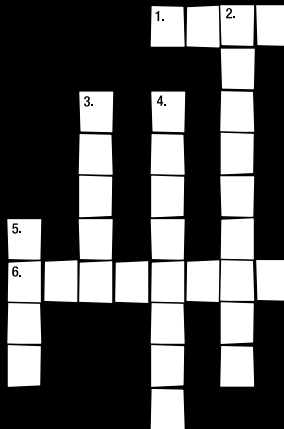
If spam isn't bothersome enough, now there is **spim** too. SPIM is unwanted instant messages. Adults as well as students find these "junk" messages annoying.

Across

- If you reply to this, the sender knows your E-mail account is "live".
- Combining letters, numbers and symbols makes this stronger.

Down

- Keep this software up-to-date or you are not protecting your computer.
- Download a strange attachment or free software from an unknown company and risk these.
- It doesn't stop a fire, it protects your computer.
- Never chat with a stranger because you don't want this.



Be CyberSmart!

Using up-to-date **antivirus** software and an internet **firewall** can protect your computer.

Be in charge of your E-mail and IM

- Never reply to E-mail or IM from strangers.
- If you open a message by mistake, don't click on the links or open any attachments.
- Tell an adult about any E-mail or IM that makes you feel uncomfortable, even if it's from someone you know.

PROTECT YOURSELF

Creating Strong Passwords . . .

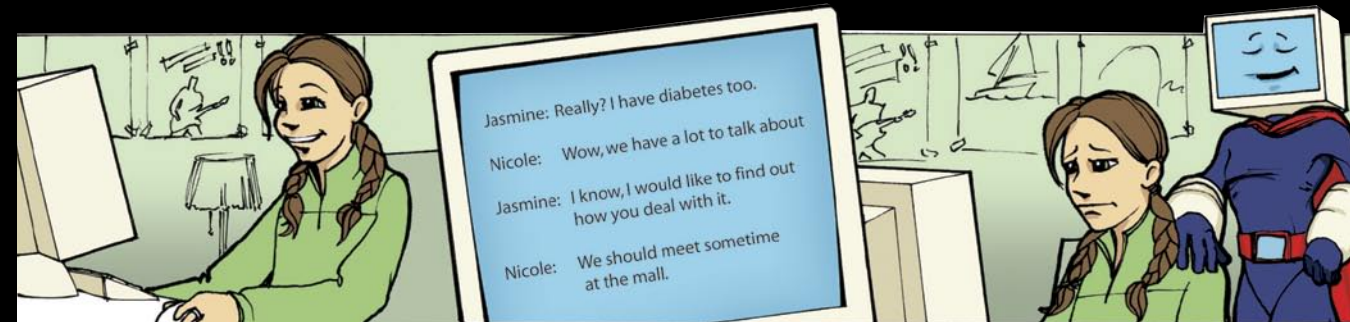
Passwords help protect your computer and your files from tampering by strangers. Never give a password to anyone else—not even your friends.



PROTECT YOUR CYBERSPACE

A Great Place to Learn and Share Ideas

Safety with Cyberpals . . .



Jasmine is a popular student. Her friends know that Jasmine has diabetes. Still, they can't really understand what it feels like to have this medical condition. Jasmine finds an online chat room for kids with diabetes. Someone with the screen name "Nicole" has joined the chat group. Nicole and Jasmine share their feelings about having diabetes. One day, Nicole asks Jasmine, "Want to meet at the mall?"

Should Jasmine go meet Nicole?

Cyberpal or Face-to-Face Friend?

You too might find a pal in cyberspace. You might discuss a problem you have. Your cyberpal might give you good advice. Or, maybe, he or she is just a good listener. Think about it. Can you really know if your cyberpal is male or female? Do you really know how old he or she is? You can't know for sure in cyberspace. That's the difference between a cyberpal and a friend you know face-to-face. A cyberpal is still a stranger.

Never share Private Identity Information with Cyberpals. Circle the items you should never share.

- | | |
|---------------------|-------------------------------|
| Your Full Name | Your Feelings About Something |
| Your School Name | Your Mother's Maiden Name |
| Your Hair Color | Your Age |
| Your Address | If You are a Boy or Girl |
| Your Favorite Band | Your Photo |
| Your Pet's Name | The Sports You Play |
| Your Password | Your Phone Numbers |
| Your Favorite Movie | The Last Book You Read |

Be CyberSmart!

Know the kinds of private identity information:

- First and last name
- Mother's maiden name
- Parent's place of work
- E-mail address
- Photos
- Credit card number
- Home address
- Name of school
- School address
- Phone numbers
- Passwords
- Social security number

Create Hard-to-Guess Passwords

Strong passwords are at least 8 characters long and combine numbers, letters and even symbols. A strong password should be easy for you to remember, but not one that others would be able to guess. Examine the passwords below and figure out why they are strong.

- | | |
|-------------|---|
| Sun***3pink | ★ Sondra lives in sunny Florida, loves the color pink and has 3 pets. |
| Go!!!kaja7 | ★ Jesse is from Kansas, is a big fan of the Kansas Jayhawks and runs a 7 minute mile. |
| 1^snow^3 | ★ Greg loves to ski, loves history class, and is from Maine (one of the original 13 colonies). |
| Math#\$84 | ★ Jeremy's favorite subject is math, his lucky number is 8 and he is the oldest of 4 kids. |
| blue*jbt10 | ★ Nicole loves blueberry muffins, dances jazz, ballet and tap and is 10 years older than her baby sister. |

Be CyberSmart!

Never put private identity information in your password or your screen name. Stop and think, "Am I giving out information that reveals who I am or where I can be found?" These kinds of facts are called private identity information. You wouldn't give out this kind of information to a stranger on the street. Nor should you in cyberspace.

CLICK AND WIN

WebWatchersOnline.com

Visit WebWatchersOnline.com and help your favorite school grow its technology budget with computers and software.

Go to www.WebWatchersOnline.com for complete rules and entry. No purchase necessary; void where prohibited; conditions and restrictions apply. Voting open until 3/31/05. Complete the tutorial and then VOTE for your favorite school.

Schools are eligible to win one of these cash prizes:

- Five (5) Grand Prize Awards of \$5,000
- One Hundred (100) 1st Prize Awards of \$1,000

What Families and Educators Can Do

Today, learning how to effectively retrieve information online is an essential literacy skill. Messaging is as exciting and useful for learning as it is critical to the workplace. As a parent or an educator, you can help the young people in your life manage the unique challenges of this new world. Insuring the online safety of children and protecting private identity information is an ongoing process that should be a topic of thought-provoking discussion at home and in school. Insuring the security of your personal computer and protecting it from damage by worms and viruses is equally important.

Here's what you can do:

Make certain that children know not to reveal private identity information online without your permission.

Supervise the online experiences of your children and encourage them to discuss their online experiences—both the enriching aspects and the uncomfortable ones.

Encourage responsible online behavior by relating the privileges and responsibilities of citizenship to the rules in your home or your schools Acceptable Use Policy.

Consider using filtering or monitoring software for your computer.

Help protect your home computer data from harm by:

Configuring the firewall built into Microsoft Windows® XP with Service Pack 2 and reinforcing it with antivirus and firewall software from McAfee.

Don't open suspicious e-mail messages or files. Microsoft Office Outlook 2003 can help by filtering most suspicious messages to your junk e-mail folder.

Stay informed. Visit www.microsoft.com/athome/security

AMD



GUARD AGAINST CERTAIN VIRUSES
with an AMD Athlon™ 64 processor-based PC and Windows® XP SP2

Get a special offer from AMD at:
www.WebWatchersOnline.com



The free CyberSmart! Curriculum available at www.becybersmart.org teaches K-8 students the critical thinking skills they need to securely and effectively manage their online experiences.

For professional development on efficient online use including research strategies and related teaching skills, and safe, responsible Internet use visit www.cybersmart.org/pd.

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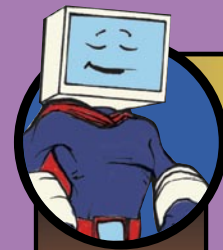
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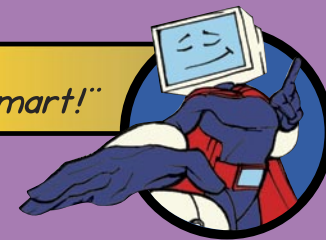
Microsoft®



Junior High

This booklet will get you started.

Accept the challenge to Be CyberSmart!™



WEB WATCHERS



CLICK AND WIN

WebWatchersOnline.com

Kids, pass this along to your parents so they can win great cash prizes for your school. See back for details.

Be CyberSmart! . . .

You use computers more than many adults do. That's a fact. You can get amazing amounts of information online. You have the power to send messages around the world instantly. But with this power comes responsibilities.

If you use the Internet, you're a citizen of a networked community. And how you use your computer affects everybody else. That's why it's important to "Be CyberSmart!"

Being CyberSmart! means you know how to go online to learn, how to stay safe and how to protect your computer. Being CyberSmart! is not just memorizing rules. It's trusting your feelings.

That might mean doing something like asking a trusted adult for help. And it might mean *not* doing something—*not* clicking on a link or downloading a file from a stranger.